

Rescuing the Mithun/Jack up

This helps the children to learn how to make improvised stretchers using blankets and bamboo poles. This also helps them to use different available resources to rescue people trapped inside the debris or affected by any disaster. The children have to make use of the car jack provided and lift up the ply board which will be on top of the Mithun. In the mean time some members of the team can make a stretcher from the poles and blanket which will be provided. The Mithun will be rescued and carried till the finish line.

Items required:

1. Car jack and lever
2. Ply board
3. Mithun
4. Wood planks
5. Bricks and boulders
6. Blanket and poles



Short Quiz Competition on Essential Emergency Items

This Quiz Competition on Essential Emergency Items may be played after the chain of activities mentioned above or before the beginning of Mithun Caravan. This quiz competition is to make the Children familiar with the emergency items they should take with during any emergency situation to reduce risk.

Step by step guide to conduct:

1. Children are shown for five minutes different essential emergency items listed in the screen/display.
2. After five minutes the listed essential emergency items screen/display shall be taken off/out.
3. The participants should try to remember the listed essential emergency items and write them down.
4. The group/participant who remembered/scored the highest number essential emergency items shall be awarded.
5. At the end of the competition, an explanation on the usage of each of the essential emergency items shall be given to the participants. The reason for explanation at the end of the competition on the usage of the essential emergency items is to instill on the minds of the children/participants on the importance of such items during any emergency situations.

RULES FOR THE CONDUCT OF MITHUN CARAVAN

1. In each game event, there will be an assigned referee who will be assisting and instructing the players.
2. Each team will be assisted by the school or class teacher who will be acting as team manager.
3. Apart from the school uniform, the participating members are advised to wear second uniform or house uniform while playing the game.
4. The children should play as a team. Therefore, all the team members have to finish the task together and then move on to the next game.
5. The team who move to the next game without finishing the task will be asked to finish it before moving to the next. However, on repeated errs the team may be disqualified by the referee.
6. After each round of game is played, the assigned volunteers will re-set the game layout for the next round.

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MITHUN CARAVAN

Modalities: Kid's Friendly Disaster Drill



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Executive summary

Mithun Caravan is an adopted version of the Japanese Iza Kaeru Caravan by Nagaland State Disaster Management Authority (NSDMA), Home Department. Mithun Caravan is a disaster prevention education event. In this event Children learn about disaster prevention while playing with families and friends. This is played by two teams or more with a maximum of 10 (ten) players on each side, the target group being Classes 3 and 4 students or may be conducted also for other age group.

Objective

This is played to enhance the capacity of the children through some interesting set of games. This is to understand the concept of Disaster Risk Reduction by making disaster prevention activities more familiar and more enjoyable.

Additional Activity: Mithun Caravan is to begin by reviewing the School DM Plan with evacuation drill in the school.

Activities included in Mithun Caravan

- Netting the ball
- Eating and drinking for survival
- Debris clearance
- Bucket relay
- Fire Target
- Sand bag
- Rescuing the Mithun
- Short Quiz Competition on Essential Emergency Items.

Netting the Ball

This game is played to enhance team coordination within the players. Differently coloured balls will be placed on the ground and each team has to collect the balls and based on the color of the balls put them separately into the basket.

Items required:

1. Basket ring with stand and net
2. 50 each of two different coloured tennis/soft balls



Eating and Drinking for Survival

The participants are asked to eat the food items placed on the table simulating that they are eating for survival during any emergency situation. This is to depict that during such times of disasters one has to keep ready packaged food and drinks for survival.

It may be noted that the children should eat the biscuits in a relaxed manner since there are choking hazard chances.

Items required:

1. Two tables to place food and drinks
2. Biscuits and juice approved by fssai



Debris Clearance

This game is to help the children to identify and segregate different materials fallen as debris during structural damage. The objective of this game is to enable Children for team building during emergency rescue and to help children to learn to segregate different materials and disposing the debris in the right designated location.

Items required:

1. Gunny bags/sacks to carry the debris, at least 2 per team.
2. 2 poles each for each team to support the sacks
3. Debris – wooden planks, bamboo, bricks, stones, plastic bottles, etc.



Bucket Relay

This game is played to understand the importance of how to relay water from the source to the incident site in fire fighting. In this game, the children make a line from the reservoir to the buckets where the soft balls are placed. The formation of the line or filing should be alternately opposites of each other. Only after filling the bucket and the soft ball falling out of the bucket, the team can proceed to the next game.

Items required:

1. Water
2. Big water storage tank as reservoir
3. 2 light soft balls that can float
4. 2 buckets of at least 20 litres capacity
5. At least 5 small buckets and mugs per team to relay water from reservoir to big bucket



Fire Target

This game is played to let the players get the feel of dousing off fire. This will help them to have the hands on experience, the way fire fighters fight fire during any such times. Water sprayers will be provided to each team and they have to hit the fire dummies until the dummies turn over and the face of the Mithun is shown. In case the sprayer fails to work, the children can use mugs to splash the dummies.

Items required:

1. Fire dummy, about 10 numbers
2. Fire extinguishers
3. Water



Sand Bag

Making of sand bag and stacking them to form protective walls. This will give an idea to the children on how to stack sand bags during landslide or in the landslide prone areas, protecting the area from further slides. The children have to fill at least half of the bag and carry them to a designated place. They have to arrange the sand bags as such that a wall is formed in multiple rows.

Items required:

1. Sand, about 6 cubic feet per team
2. Sand bag, about 10 per team

