

Corona Virus khat le khat khou ruai naing mak khang chariak thai kho

MI DINKASUAKMEI TI HEI PIUCHUILOU PU WO

1



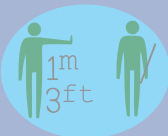
Soubuang ruai ban khiu nthan katupna bammo

2



Kathei khatni Khoumei gan khou, nang muang le nukuang tei ruman/Tissue ruai ramme thei, nang chou ruai kagou thing ngo

3



Thou kummei Khuruhmei, khoumei khatni pum-chaengmei laina naomei guai dang khou tei bam ana rio.

4



Nang ruai khou-rahmanna hamme thei thiula lasi ye thei, katummei lung khou raajao tat ro.

Tan kajimei thouh/taan

- Observe good personal hygiene, practice frequent hand washing with soap and running water even when hands are visibly dry. Karakana nthan thing khang the. Ban hei duile soubuang ruai su-nthan katup khang the. Duile soubuang tei chiunana phang ngam makge thei, alcohol based sanitiser tei sinsu khang the.
- Meithiula laamei gan khou, nthan-thingmei lunlung nai khang the. Hei kiu tho, khou-kathei pu khou, meimuang tei su liam khang the.
- Nang khang gaimakge thei, raajao tatlou pu thod sanitizer in case there is no availability of soap and water.
- Follow basic respiratory etiquette-cover your mouth while sneezing and coughing.
- See a Doctor if you feel unwell.

Tanlaknimei thouh (tanumakmei taan)

- Nang pum chengna-khou ye thei, Gankhat deng khou bam ana ri tho
- Charuang khou, mathiu bam khou tei suk rio.
- Charuang kariumei bam khou tat rio, kathei tat rio, kage makna tarai-kuai-ngin tat rio
- Mit, Nukuang le Muang hei tou rio.
- Salaam su rio.
- Thai siangmakmei pao pou tat rio

For further information Call

Health & Family Welfare Department, Govt. of Nagaland

+91-7005415243 / 9856071745 / 7005539653

Email at nlssu.idsp@nic.in

Nagaland State Disaster Management Authority
Home Department
Government of Nagaland

