

**GOVERNMENT OF NAGALAND
DIRECTORATE OF HEALTH AND FAMILY WELFARE
NAGALAND: KOHIMA**

Tel: 0370-2270459; Email: pddhfw@gmail.com; Website: <https://nagahealth.nagaland.gov.in/>

No: DHFW/COVID-19/2019-20/5698-04 Dated Kohima, the 10th Sept 2020.

REVISED DISCHARGE POLICY FOR COVID-19 CONFIRMED CASES

(Date of Release:September 2020)

All confirmed positive cases will be discharged immediately once the following conditions are met under each category:

A. Asymptomatic cases:

1. Have completed **14** days from the day of first sample collection, and
2. Patient remains asymptomatic throughout.
3. The person will be directly released to home quarantine for further **7** days **without any testing** as per GOI Guideline.

NB: *At any point of time the patient becomes symptomatic, the discharge policy will be as per any category under the symptomatic groups.*

B. Mild symptomatic cases:

1. Have Completed **10** days after symptom onset
2. No fever or Covid-19 like symptoms for last **3** consecutive days, and
3. One negative Truenat/ RT-PCR, for which sample will be collected after 10 days of symptom onset and when the patient has no clinical symptoms. If positive and asymptomatic, retest will be done after **3** days.
NB: 2nd retest will not be required if the patient remains asymptomatic for **3** consecutive days and will be discharged with clinical correlation.
4. Will be discharged to home quarantine for further **7** days

C. Moderate Symptomatic Cases:

1. Have completed **10** days after symptom onset,
2. No fever/ COVID-19 like symptoms for 3 consecutive days,
3. Oxygen saturation is maintained above 95% for 3 consecutive days without oxygen support, and
4. One negative Truenat/ RT-PCR, for which sample will be collected after **10** days of symptom onset and when the patient has no clinical symptoms. If positive and asymptomatic, retest will be done after **3** days.
NB: 2nd retest will not be required if the patient remains asymptomatic for **3** consecutive days and will be discharged with clinical correlation.
5. Will be discharged to home quarantine for further **7** days.

D. Severe Cases:

1. Resolution of clinical symptoms with no fever/ COVID-19 like symptoms for the last **3** days,
2. Ability to maintain oxygen saturation for **3** consecutive days, and
3. One negative Truenat/ RT PCR test. If positive and asymptomatic, retest will be done after **3** days.
NB: 2nd retest will not be required if the patient remains asymptomatic for **3** consecutive days and will be discharged with clinical correlation.
4. Will be discharged to home quarantine for further **7** days




E. Other Terms and Conditions:

1. Transportation for retest of **mild symptomatic cases under home isolation** will be self-arranged.
2. The patient should be discharged immediately to home quarantine for 7 days after all discharge criteria is met. The medical team / facility will provide a discharge certificate from facility / home isolation.
3. All cases discharged to home quarantine shall strictly observe the quarantine norms including following **3Ws** (Wear mask, Wash hands, Watch distance) and avoid **3Cs** (Crowded places, Close contact setting & Closed and enclosed spaces).
4. There will be no unnecessary retesting of samples beyond this guideline.
5. Severity of symptoms is as per classification by the MoHFW Clinical management protocol.

This revised edition of the Discharged Policy of Covid-19 confirmed cases supersedes all previous versions. This SOP shall be implemented uniformly by all concerned throughout the State with immediate effect and shall not be modified under any circumstances.

Enclosed: Algorithm Revised Discharge Policy for Covid-19



(Dr. VIZOLIE Z SUBKHRIE)
Principal Director
Directorate of Health & Family Welfare

No: DHFW/COVID-19/2019-20/ 5698-04

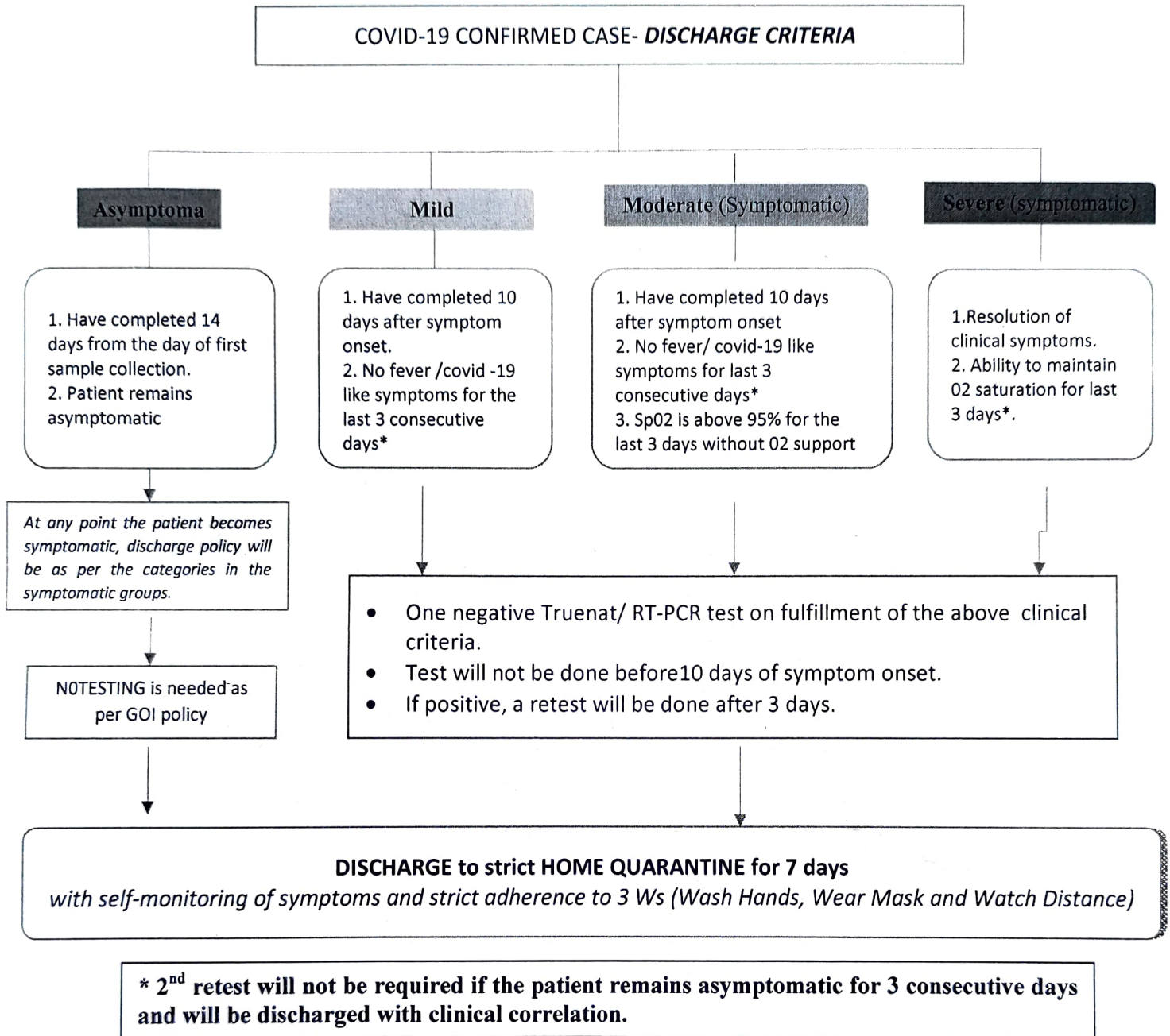
Dated Kohima, the 10th Sept 2020


Copy To:

1. The Addl Chief Secretary to the Chief Minister, Government of Nagaland Kohima, for kind information.
2. The Deputy Secretary to the Chief Secretary, Government of Nagaland Kohima, for kind information.
3. The Principal Secretary, Home Department Kohima, for kind information.
4. The Commissioner & Secretary, Nagaland Kohima, Health & Family Welfare Department for kind information.
5. The Mission Director (NHM)/ Director (H)/ Jt Director & Nodal Officer for Covid-19 Testing/ SPO (IDSP), Nagaland Kohima, for information and necessary action.
6. The Deputy Commissioner/ Chief Medical Officer/ Medical Superintendent of all districts for information and necessary action.
7. The IEC Bureau, Directorate of Health & Family Welfare for necessary action.
8. Guard file/ Office copy.


(Dr. VIZOLIE Z SUBKHRIE)
Principal Director
Directorate of Health & Family Welfare

ALGORITHM REVISED DISCHARGE POLICY FOR COVID-19: NAGALAND




(Dr. VIZOLIE Z. SUKHRRIE)
Principal Director
Directorate of Health & Family Welfare