

**GOVERNMENT OF NAGALAND
HOME DEPARTMENT
NAGALAND STATE DISASTER MANAGEMENT AUTHORITY
NAGALAND:: KOHIMA**

NO.NSDMA-ER-COVID-19/301/2020(Pt-II)

Kohima, dated the 25th Nov', 2020

NOTIFICATION

Subject: Revised Standard Operating Procedure (SOP) for returnees and travellers entering Nagaland

In supersession of the SOP issued vide Notification of even number dated 9th September 2020, and in pursuance to the decision taken by the High Powered Committee in the meeting held on 5th November 2020; the revised Standard Operating Procedure (SOP) for the returnees and other travellers entering the State will be as under with immediate effect:

A. Designated Points of Entry:

1. As per the Ministry of Home Affairs (MHA), Government of India directive, there should not be any restriction on inter-State and intra-State movement of persons and goods. No separate permission/ approval/ e-permit is required for such movements. Therefore, in line with the MHA directive, there shall not be any restriction on the entry of returnees and travellers into the State by flight, train, or road at any entry point except the normal Inner Line Permit (ILP) restrictions, wherever applicable, or any restriction, imposed for the time being, on law and order grounds by the competent authorities.

B. Installation of nCOVID Nagaland Visitors App and AarogyaSetu/ Self Declaration:

1. It is mandatory for every returnee/inbound traveller to install and register in the **nCOVID Nagaland Visitors App** and **Aarogya Setu** before entering Nagaland.

NB:

- a. Both the mobile Apps can be downloaded from Google Play store.
- b. **State Helpline 1800 345 0019** may be called for any technical assistance if required.
2. Every returnee/inbound traveller will be required to submit "**Self Declaration Form**" and for those opting for Home Quarantine the "**Undertaking for Home Quarantine**"
 - a. "**Self Declaration Form**"-can be submitted through either one of the following:
 - **nCOVID Nagaland Visitors App for Android Smartphone users** or
 - **Online at covid19.nagaland.gov.in** or
 - **By WhatsApp** to the respective district's helpline number as given in **Annexure 4**.
 - **In hard copy** at the office of the respective Chief Medical Officer.
 - The prescribed form of the Self Declaration (**Annexure-1**) can be downloaded from covid19.nagaland.gov.in.
 - b. "**Undertaking for Home Quarantine**"-the duly filled in form can be submitted through either one of the following:



- **nCOVID Nagaland Visitors App for Android Smartphone users** or
 - **Online** at *covid19.nagaland.gov.in* or
 - **By WhatsApp** to the respective district's helpline number as given in the **Annexure 4**.
 - **In hard copy** at the office of the respective Chief Medical Officer.
 - The prescribed form of the Undertaking for Home Quarantine and the Guidelines/Instructions of Home Quarantine (**Annexure-2 & 3**) can be downloaded from *covid19.nagaland.gov.in*.
3. Every returnee/inbound traveller is advised to complete the submission of Self Declaration and Undertaking if opting for home quarantine in advance prior to arrival.
 4. The returnee/inbound traveller may visit *covid19.nagaland.gov.in* for getting updated information with regard paid quarantine facilities and their availability on various dates, DTF/ District Health Helpline phone numbers and their email addresses and other concerned information.

C. At the Point of Entry:

Any returnee traveler if symptomatic on arrival will mandatorily report to the concerned district health authority or the district helpline number (**as given in Annexure 4**) for further management.

D. Quarantine Norms:

1. Returnee/traveller who produces a negative report of COVID-19 test done **not earlier than three (3) days prior to arrival** in Nagaland through RT-PCR/TrueNat/CBNAAT shall be exempted from quarantine (*if the person has to arrive on say Thursday, the swab should have been given for testing not earlier than Monday*). The returnee/traveller should carry the soft/hard of the negative test report and produce it whenever asked by the competent authority.
2. Every returnee or traveller without the negative test report as mentioned above and asymptomatic will undergo quarantine for **10 (ten) days**.
3. The returnee/traveller may either opt for home quarantine or paid quarantine in the designated hotel/lodge.
4. All persons in quarantine shall follow **3Ws** (Wear mask, Wash hands, Watch distance) and avoid **3Cs** (Crowded places, Close contact setting & Closed and enclosed spaces).
5. All returnees/travellers shall self-monitor their health for development of any COVID like symptoms- fever, cough, difficulty in breathing etc. and shall update the status in **nCOVID Nagaland Visitors App** twice daily. In case of development of any of the above mentioned symptoms, they are advised to contact the respective District Health Helpline given at **Annexure: 4** or State Helpline 1800 345 0019.
6. The **Government Servants** entering the State on official tours, or returning after making a tour outside or coming back after availing leave will also be covered by the same quarantining provisions as above.

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E. Testing:

1. If the person in quarantine **remains asymptomatic** throughout the 10 days quarantine period, **no testing** will be required for release from quarantine.
2. Returnees/travelers who produce a negative report (RT-PCR/TrueNat/CBNAAT) of test done not earlier than three (3) days prior to arrival in Nagaland, and remains asymptomatic, will not be tested.
3. Returnees/travelers **if symptomatic on arrival, will be immediately tested.**
4. Any person who develops symptoms during the course of quarantine will be tested **immediately.**
5. Persons in quarantine, who are asymptomatic and require or need to be **released from quarantine prematurely due to urgent or emergency work may contact district health authority or helpline may request for testing, and if tested negative will be released from quarantine.** This test done on request will be charged at the rates fixed by the Government.
6. **In addition to the above, COVID-19 Tests shall also be chargeable** for the following categories:
 - a. All individuals undertaking travel to countries/Indian States mandating a negative COVID-19 test at point of entry.
 - b. All individuals who wish to get themselves tested, subject to case load and capacity of the testing centres.
 - c. Patient for undergoing Non-COVID treatment in the hospital (e.g. before surgical procedure or aerosol generating procedure, etc).
7. The **rate of testing** will be fixed by the Government which may be revised from time to time.
8. Any Government Servant undergoing quarantining on entry into the State will also be covered by the same testing provisions as above. Further, the Government servant will also be charged for COVID-19 test at the same rates as fixed for other returnees/travelers, and in case the travel made is for official reasons, the expenses for COVID-19 testing may be claimed for reimbursement by the Government servant from his/her office/department.
9. COVID-19 testing strategy will be revised from time to time as per revisions issued by ICMR and/or State.

F. Release from Quarantine:

1. On completion of the 10 days quarantine period and the person remaining asymptomatic throughout the period, the person will be released from quarantine without testing. However, the standard precautionary measures- **3Ws** and **3Cs** should always be followed.
2. The medical team will issue a "Release Certificate" on fulfillment of above condition with a copy to the District Task Force.

G. Exemptions from quarantine on entry:

1. If the duration of stay of any person entering the State by **Air** or in **self arranged** conveyance is **less than 48 hours**, no advance testing will be required, and he/she will not be required to quarantine. The person concerned before his/her entry should however, install and register on

Aarogya Setu, and during the period of stay will follow all the health safety protocols and in case of night-halt in the State will stay in a single room accommodation with attached bathroom.

2. The person entering the State for less than 48 hours, may apply at least 1 (one) day prior to entry in Nagaland, online at **covid19.nagaland.gov.in** or through email/WhatsApp to the DTF of the destination district with all the details. The WhatsApp numbers/email addresses of the DTFs in **Annexure 5** (also available on covid19.nagaland.gov.in) may be used for sending the communication. The DTF subject to fulfilment of the criteria for being considered for issue of Inner Line Permit, wherever applicable, will communicate its clearance for exemption from quarantine, through Whatsapp/Email or SMS if applied online, to the person concerned.

3. If the duration of the stay of any person in the State is **more than 48 hours**, then he/she will be exempted from quarantine on entry in the State, only if he/she has tested negative on RT-PCR/Truenat/CBNAAT not earlier than three (3) days of the proposed arrival date in Nagaland (*if the person has to arrive on say Thursday, the swab should have been given for testing not earlier than Monday*). The person concerned, further while applying as mentioned in the para above, should attach a soft copy of the RT-PCR/Truenat/CBNAAT negative test report done at his/her current location.

4. Any Government Servant entering the State on an official tour and needing exemption from Quarantine because of unavoidable reasons, will also be covered by similar provisions as above.

5. Any person who goes out of the State by road in **self arranged conveyance and returns within 24 hours without night halt**, and asymptomatic on arrival at the Point of Entry, will be exempted from quarantine and will carry on with his/her normal routine following all the health safety protocols. The concerned person before commencing the journey should obtain movement permit from the concerned DTF in which the point of exit falls.

6. Any person, including the truckers and attendants of any goods vehicle, transiting the State without halting anywhere is exempted from quarantine. The truckers and attendants of any goods vehicle bound for Nagaland will also be not required to quarantine. All such categories of persons should also always follow **3Ws** (Wear mask, Wash hands, Watch distance) and avoid **3Cs** (Crowded places, Close contact setting & Closed and enclosed spaces). In case any trucker/attendant has to make a night-halt in the State, they should stay in single room accommodation with attached washroom.

H. Entry of Dignitaries and Senior Government Official and exemption from Quarantine:

1. The Home Department will continue facilitating the entry into the State, and exemption from quarantine, for the Constitutional Authorities/Council of Ministers/Dignitaries as specified by the Home Department, and senior Government officials, broadly in line with the provisions of point G.1/2/3 above.

2. The rate of charges for COVID-19 tests for the above category of persons, wherever applicable, will be the same as fixed for other returnees/travelers, and the expenses for COVID-19 testing will be borne by their respective offices/departments.

I. Entry of Military/Para Military Personnel:

1. The respective Military/Para Military formations/units will make own arrangements for their personnel entering Nagaland for reporting for duty at the point of entry, and thereafter for their transportation to their camps/units for undergoing quarantining for 10 days. In case any personnel on entry shows **COVID-like symptom**, he/she will be subjected to the SOPs/medical protocols of the concerned formation/unit, and wherever required, the forces may take the assistance of the concerned DTF.
2. Any personnel who develops symptoms during the course of quarantine will be tested by Rapid Antigen Test / TrueNat / RT-PCR, and if assistance is required, the concerned DTF may be contacted.
3. If the personnel in quarantine **remain asymptomatic** throughout the 10 days quarantine period, **there will be no testing required, and he may be released from quarantine.**
4. In addition, the personnel of Military/Para Military entering Nagaland will continue to be guided as per the provisions of the advisory no. DHFW/COVID-19/2019-20/4074-77 dated 13th July, 2020 issued by the Directorate of Health & Family Welfare, Government of Nagaland, modified to the extent that the Notification no. DHFW/COVID-19/2019-20/1509-15 dated 5th June, 2020 mentioned therein will be considered as withdrawn.

J. Implementation of the SOP:

1. This SOP will be uniformly implemented throughout the State without any deviation and will not be modified by District Task Force, Urban Local Bodies, Village Authorities or Community-based Organizations.
2. Violator(s) of this SOP will be penalized as per the relevant section of the Disaster Management Act 2005, and the Nagaland Epidemic Disease (COVID-19) Regulations 2020.

Sd/-

J. ALAM, IAS
Chief Secretary, Nagaland

To,

1. All DCs & Chairman District Task Force for information and compliance.
2. The CP Dimapur and all SPs for information and compliance
3. All CMOs for information and compliance.

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Copy to:

1. The Commissioner & Secretary to Governor, Nagaland for kind information.
2. The Additional Chief Secretary to Chief Minister, Nagaland for kind information.

3. The Sr. PS to Deputy Chief Minister, Nagaland for kind information.
4. The Sr. PS to Speaker, Nagaland for kind information.
5. The Sr. PS to all Ministers/Advisors for kind information.
6. The ACS & RC, Nagaland House, New Delhi for kind information.
7. The Director General of Police for kind information.
8. The JD SIB for kind information.
9. The Principal Accountant General, Nagaland for kind information.
10. The Principal Secretary, Health & Family Welfare Department for kind information and necessary action
11. The Commissioner, Nagaland for kind information and necessary action.
12. All AHOds for kind information.
13. The Staff Officer, 3 Corps/IGAR (N) for kind information.
14. The Station Commander, Military Station, Jakhama/ Chief Engineer, Project Sewak, Dimapur/ DIG, CRPF, Kohima for information.
15. The Principal Director, Health and Family Welfare Department for information and necessary action.
16. All HODs for information.
17. The Director, IPR for wide publicity.
18. The Comdt. 93 Bn. BSF, Chedema/ Comdt. 111 Bn. BSF, Satakha for information
19. The DRC, ARC Nagaland House, Kolkata, Guwahati, Shillong.
20. The Station Director, AIR and Doordarshan, Kohima for information and publicity.


(ABHIJIT SINHA) IAS
Principal Secretary, Home

ANNEXURE-1

SELF DECLARATION FOR RETURNEES AND TRAVELLERS ENTERING NAGALAND(As per the SOP issued vide notification no.NSDMA-ER-COVID-19/301/2020(Pt-II) dated 25th

November 2020 by the Government of Nagaland)

(For those who are submitting in Hard Copy)

1.	Name	
2.	Age	
3.	Gender	
4.	Address outside Nagaland	
5.	Address in Nagaland	
6.	Contact Number	
7.	Purpose of Visit	
	➤ Studying/working outside and Returning Home	
	➤ Gone out for medical treatment and Returning back	
	➤ Gone out on a visit and Returning back	
	➤ Gone out for official duty and Returning back	
	➤ For Business	
	➤ For making a Social Visit	
	➤ Others	
8.	Travel Itinerary	
	➤ From	
	• Date	
	• Mode of Travel	
	➤ To	
	• Date	
	• Mode of Travel	
9.	Any history of contact with a confirmed COVID-19 case within the last 14 days (Yes/No)	
10.	Presently any COVID-19 symptoms (Yes/ No)	
	➤ Fever	
	➤ Cough	
	➤ Difficulty in breathing	
11.	Quarantine Options (Indicate whichever is opted)	
	➤ Home Quarantine **If this is opted then should fill up the Undertaking after submitting this Self Declaration	
	➤ Paid Quarantine at Hotel/Lodge for 10 days	
	➤ Exemption from Quarantine	
12.	nCOVIDNagaland Visitor's App	
	➤ Registered/ Not Registered	
13.	AarogyaSetu	
	➤ Registered/ Not Registered	
14.	Undertaking for Home Quarantine, if applicable	
	➤ Submitted/ Not Submitted	

NB:

- If opting for Home Quarantine, then submit the Undertaking online at <https://covid19.nagaland.gov.in> or at nCOVID Nagaland Visitor's App or by WhatsApp to the respective district's helpline number as given in Annexure 4 or in hard copy at the office of the respective Chief Medical Officer.
- nCovid Nagaland Visitor's App::
 - a. Download the App from Google Play Store.
 - b. Upon installation, duly fill-in and submit the Self Declaration through the App. It should be preferably submitted before arrival and if successfully submitted, then the user will receive a SMS confirming submission of self declaration.

- c. Start Self Monitoring uploading the symptoms twice daily from the date of arrival.
- **Self Declaration of children below 10 years is not required.**

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ACKNOWLEDGEMENT

Received _____ filled _____ up _____ Self _____ Declaration _____ from _____
age: _____
Gender: _____ Contact No: _____ who arrived in Nagaland
on: _____ at: _____
(village/town/city) in _____ District.

Signature:
Name & Designation

UNDERTAKING BY PERSON(S) APPLYING FOR HOME QUARANTINE
(To be filled only if opting for Home Quarantine)

I would like to apply for Home Quarantine upon my arrival in Nagaland at my own /relative's / friend's/ associate's house/residence located at the address given below:

1.	Name of the House Owner	
2.	Contact No of the House Owner	
3.	House No with proper Address	
4.	Location	
5.	District	

- I solemnly undertake that,
- a. I do hereby voluntarily undertake to maintain strict self-quarantine and follow the guidelines of home quarantine at all times throughout the prescribed period.
NB: Home Quarantine Guidelines is given at Annexure: 3 and it can also be downloaded from *covid19.nagaland.gov.in*
 - b. I shall monitor my own health and regularly upload the status of symptoms twice daily in the nCOVID Nagaland Visitor's App from the date of arrival.
 - c. I shall contact the District Health Helpline Number and or call the **toll free State Health Helpline 1800 345 0019**, in case I develop any Covid-like symptoms (fever, cough, difficulty in breathing, loss of smell/taste) or any of my close family contacts develops any symptoms consistent with Covid-19.
 - d. For any act of commission or omission or breach of the Guidelines on Home Quarantine, I shall be liable for punishment as per the provisions of the Nagaland Epidemic Disease (Covid-19) Regulations, 2020 under the Epidemic Disease Act 1897.

Date _____

Name & Signature of the Applicant
(Returnee / Traveler Entering Nagaland)

ACKNOWLEDGEMENT

Received _____ filled up _____ Undertaking Form from _____ Mr/Ms.
 _____ Age: _____ Contact No: _____
 _____ for undergoing Home Quarantine wef _____ at _____
 _____ (Address of the House) at _____ (location)
 in _____ District

Signature:
Name & Designation

GUIDELINES/INSTRUCTIONS FOR HOME QUARANTINE

The home quarantined person should:

1. Stay in a well-ventilated single-room preferably with an attached/separate toilet near the room.
2. Should stay away from elderly people, pregnant women, children and persons with co-morbidities within the household.
3. Restrict his/her movement within the house.
4. Under no circumstances attend any social/religious gathering e.g. wedding, condolences, etc.
5. He/she should also follow the under mentioned health safety measures at all times:
 - a) Wash hand as often thoroughly with soap and water or with alcohol-based hand sanitizer
 - b) Avoid sharing household items e.g. dishes, drinking glasses, cups, eating utensils, towels, bedding, or other items with other people at home.
 - c) Wear a surgical mask at all the time. The mask should be changed every 6-8 hours and disposed off. Disposable masks are never to be reused.
 - d) Masks used by patients / care givers/ close contacts during home care should be disinfected using ordinary bleach solution (5%) or sodium hypochlorite solution (1%) and then disposed of either by burning or deep burial.
 - e) Used mask should be considered as potentially infected.
 - f) If symptoms appear (cough/fever/difficulty in breathing), he/she should immediately:
 - Inform the District Health Helpline or
 - Call Toll Free State Health Helpline: 1800 345 0019
 - Email: nlsu.idsp@nic.in

A. Instructions for the family members of persons being home quarantined:

1. Only an assigned family member should be tasked with taking care of such person.
2. Avoid shaking the soiled linen or direct contact with skin.
3. Use disposable gloves when cleaning the surfaces or handling soiled linen.
4. Wash hands after removing gloves.
5. Visitors should not be allowed.
6. In case the person being quarantined becomes symptomatic, all his close contacts will be home quarantined (for 14 days) and followed up for an additional 14 days or till the report of such case turns out negative on lab testing.

B. Environmental sanitation:

1. Clean and disinfect frequently touched surfaces in the quarantined person's room (e.g. bed frames, tables etc) daily with 1% Sodium Hypochlorite Solution. Surfaces susceptible to corrosion should be sanitized with 70% alcohol disinfectant.
2. Clean and disinfect toilet surfaces daily with regular household bleach solution/ phenolic disinfectants.
3. Clean the clothes and other linen used by the person separately using common household detergent and dry.

ANNEXURE-4

District wise Health Helpline Numbers

Sl. No.	District	District Health Helpline No.	WhatsApp No.	District Hospital
1.	Dimapur	7630877991 / 7630877983	7630877991	6009377390
2.	Kiphire	7005589941/ 9862681581 9717759892 / 8974100166	6009468943	8131857572
3.	Kohima	9856071388 / 8794891468	8974382253	8794805711
4.	Longleng	9612927335 / 9612875988 9862160671/ 9862628654	6009964294	8119042709
5.	Mokokchung	7630007954 / 8837420932 7628854582 / 9436006387	7628854582	8794904054 / 8119041793
6.	Mon	9862014033 / 9862078993 7005687775	9862880676	
7.	Noklak	9436097428		8729803430
8.	Peren	7049855251/ 8794462043 9402050624/ 9612034784	8732841972	9862734461
9.	Phek	9436603240/ 8730056289 8730940014	9862087888	8119045053
10.	Tuensang	8415840348 / 7085173552 8974508897	6009083505	6009905593
11.	Wokha	9862258207 / 7005638276 9612986552 / 9436829001	9436829001	7085988559 / 7628832000
12.	Zunheboto	9383206362 / 8787853473 7085122471	8837226498	8414967161 / 6009918361

ANNEXURE-5

List of Contacts of District Task Forces (DTF)

Sl. No.	Name of District	Email Address	Helpline Contact No. with Whatsapp
1	Kohima	dckma-ngl@nic.in	0370-2296028 (Office Hours) 8794580914/ 8413097970
2	Dimapur	dcdimapur@gmail.com	6009924366
3	Wokha	anunglngkmr@gmail.com	9089386346
4	Mokokchung	dcmok-ngl@nic.in	8131929284
5	Tuensang	dctsgtravelpermit@gmail.com	8974196806
6	Mon	chingmeianns23@gmail.com	8837082365
7	Zunheboto	dczhh-ngl@nic.in	8131980528
8	Phek	phekdc@gmail.com	9615174390
9	Peren	perencmo@gmail.com	9402728560/ 8732841972/ 7005263994
10	Kiphire	dckiphire@gmail.com	6009683167
11	Longleng	Pichakikon88@gmail.com	8837376290/ 6909619681
12	Noklak	covidhelplinenlk@gmail.com	8837213359

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